

Queensland Race Walking Club Inc.

Building on a fine tradition of race walking, 69 years in the making.



August 29th 2024

QUEENSLANDERS SHINE IN MELBOURNE



U20 Women's 10km winner Mia



U20 Men's 10km winner Sam

RESULTS RESULTS RESULTS

Individual gold medal winners Mia Bergh, Noah, Sam McCure, Penny McIntosh
Teams Gold for U20 men, U20 women & U16 girls plus numerous other individual, team and handicap awards. Well done everyone, you have done us all proud.

2024 RWA ROADWALK CHAMPIONSHIPS, MIDDLE PARK, MELBOURNE SUNDAY 25 AUGUST 2024

OPEN MEN 20KM

- 1 101 Tim Fraser M ACTW 1:22:26
- 2 105 Corey Dickson M VRWC 1:24:31
- 3 100 Mitchell Baker M ACTW 1:26:00
- 4 103 Dylan Richardson M NSWRC 1:29:04
- 5 102 Jack McGinniskin M NSWRC 1:33:43
- 6 106 Fraser Saunders M VRWC 1:35:42
- 7 104 Kim Mottrom M SARWC 1:36:44

HANDICAP

- 1 106 Fraser Saunders M VRWC
- 2 103 Dylan Richardson M NSWRC
- 3 104 Kim Mottrom M SARWC

OPEN WOMEN 20KM

- 1 107 Elizabeth McMillen F NSWRC 1:34:44
- 2 108 Alannah Pitcher F NSWRC 1:38:08
- 3 110 Samantha Findlay F SARWC 1:42:34
- 4 111 Nellie Langford F SARWC 1:51:05

DNF 109 Kirstin Shaw F QRWC DNF

HANDICAP

- 1 111 Nellie Langford F SARWC

MASTERS MEN 10KM

- 1 115 David Smyth M VRWC 1:05:11
- 2 114 John Nottle M VRWC 1:10:47

MASTERS WOMEN 10KM

1 116 Penny McIntosh F QRWC 1:18:10

2 117 Di Camilleri F SARWC 1:33:19

U20 MEN 10KM

1 121 Sam McCure M QRWC 0:43:56

2 120 Bailey Housden M QRWC 0:45:30

3 124 Eden Morgan M VRWC 0:47:24

4 122 Kai Norton M QRWC 1:02:32

HANDICAP

1 122 Kai Norton M QRWC

TEAMS

1 QRWC1 Sam McCure Bailey Housden Kai Norton

U20 WOMEN 10KM

1 127 Mia Bergh F QRWC 0:53:28

2 131 Ariana Pashutina F VRWC 0:54:01

3 125 Hana Jugovic F ACTW 0:54:24

4 126 Lyla Williams F NSWRC 0:55:50

5 129 Summer Millard F QRWC 0:59:20

6 128 Phoebe Chadwick F QRWC 1:06:18

DQ 132 Emily Smith F VRWC DQ

HANDICAP

1 129 Summer Millard F QRWC

2 128 Phoebe Chadwick F QRWC

3 126 Lyla Williams F NSWRC

TEAMS

1 QRWC1 Mia Bergh Summer Millard Phoebe Chadwick

U18 MEN 10KM

1 123 Riley Coughlan M VRWC 0:44:36

2 133 Kodi Clarkson M ACTW 0:44:52

3 137 Samuel Lindsay M TARWC 0:44:56

4 136 Sebastian Richards M SARWC 0:50:51

5 135 Cooper Rech M SARWC 0:53:58

HANDICAP

1 135 Cooper Rech M SARWC

2 136 Sebastian Richards M SARWC

U10 BOYS 1KM

1 141 Fletcher Reid M VRWC 0:05:11

2 140 Dimitri Pashutin M VRWC 0:05:48

3 139 Zac Anderson-Rule M ACTW 0:07:18

U10 GIRLS 1KM

1 150 Payton Welsh F VRWC 0:05:03

2 144 Freya Williams F NSWRC 0:05:05

3 148 Anouk Morgan F VRWC 0:05:38

4 142 Samantha Ramboer F ACTW 0:05:49

5 143 Nasrin Hewitt F NSWRC 0:06:07

6 147 Aria Di Benedetto F VRWC 0:06:12

146 Lani Blackburn F QRWC DNS

HANDICAP

1 147 Aria Di Benedetto F VRWC

2 142 Samantha Ramboer F ACTW

3 143 Nasrin Hewitt F NSWRC

TEAMS

1 VRWC1 Payton Welsh Anouk Morgan Aria Di Benedetto

U12 BOYS 2KM

1 154 Oliver Crowl M VRWC 0:10:35

2 152 Leo Hyde M QRWC 0:10:50

3 153 Logan Allison M VRWC 0:11:15

4 157 Brodie Welsh M VRWC 0:11:21
5 140 Dimitri Pashutin M VRWC 0:12:50
6 139 Zac Anderson-Rule M ACTW 0:14:20

HANDICAP

1 157 Brodie Welsh M VRWC
2 140 Dimitri Pashutin M VRWC
3 139 Zac Anderson-Rule M ACTW

TEAMS

1 VRWC1 Oliver Crowl Logan Allison Brodie Welsh

U12 GIRLS 2KM

1 159 Stella Wade F NSWRC 0:10:36
2 168 Pippa Read F VRWC 0:10:51
3 163 Addison Frenken F VRWC 0:10:52
4 165 Indigo Marshall-Moodie F VRWC 0:11:35
5 158 Addison Jenkins F NSWRC 0:12:12
6 169 Georgia Walters F VRWC 0:12:22
7 148 Anouk Morgan F VRWC 0:12:34
8 149 Natalie Ramirez F VRWC 0:12:35
9 145 Izzy Blackburn F QRWC 0:13:12
10 164 Ella Harris F VRWC 0:14:04
11 150 Payton Welsh F VRWC 0:14:16
12 161 Elsie Woodward F TARWC 0:14:20
DQ 144 Freya Williams F NSWRC DQ

HANDICAP

1 169 Georgia Walters F VRWC
2 149 Natalie Ramirez F VRWC
3 161 Elsie Woodward F TARWC

TEAMS

1 VRWC1 Pippa Read Addison Frenken Indigo Marshall-Moodie
2 VRWC2 Georgia Walters Anouk Morgan Natalie Ramirez

U14 BOYS 3KM

1 173 Angus Shuttleworth M VRWC 0:17:02
2 153 Logan Allison M VRWC 0:18:10
3 157 Brodie Welsh M VRWC 0:18:25
4 156 Harrison Ryan M VRWC 0:19:19
5 172 Tate Jardine M VRWC 0:19:22

HANDICAP

1 172 Tate Jardine M VRWC
2 156 Harrison Ryan M VRWC

TEAMS

1 VRWC1 Angus Shuttleworth Logan Allison Brodie Welsh

U14 GIRLS 3KM

1 184 Ela Uzun F VRWC 0:13:49
2 182 Mya McClure F VRWC 0:14:58
3 179 Havana Ali F VRWC 0:16:07
4 175 Hannah Hewitt F NSWRC 0:16:23
5 163 Addison Frenken F VRWC 0:17:51
6 165 Indigo Marshall-Moodie F VRWC 0:19:37
7 178 Adele Woodward F TARWC 0:19:59
8 158 Addison Jenkins F NSWRC 0:20:16
9 183 Caitlyn Shipham F VRWC 0:20:47

HANDICAP

1 178 Adele Woodward F TARWC
2 183 Caitlyn Shipham F VRWC
3 163 Addison Frenken F VRWC

TEAMS

1 VRWC1 Ela Uzun Mya McClure Havana Ali
2 VRWC2 Addison Frenken Indigo Marshall-Moodie Caitlyn Shipham

U16 BOYS 5KM

1 186 Noah Cooke M QRWC 0:25:47
2 173 Angus Shuttleworth M VRWC 0:26:35

U16 GIRLS 5KM

1 190 Sophie Polkinghorne F NSWRC 0:26:26
2 188 Emma Grocott F ACTW 0:26:32
3 189 Jessica Loring F NSWRC 0:26:38
4 191 Olivia Boulton F QRWC 0:26:51
5 182 Mya McClure F VRWC 0:28:27
6 196 Hannah Matthews F VRWC 0:28:43
7 192 Eliza Kelly F QRWC 0:29:17
8 198 Mietta Morgan F VRWC 0:31:17
9 193 Mikaela McDonald F QRWC 0:31:24
10 194 Matilda Rech F SARWC 0:32:47

HANDICAP

1 191 Olivia Boulton F QRWC
2 198 Mietta Morgan F VRWC
3 196 Hannah Matthews F VRWC

TEAMS

1 VRWC1 Mya McClure Hannah Matthews Mietta Morgan
2 QRWC1 Olivia Boulton Eliza Kelly Mikaela McDonald

U18 WOMEN 5KM

1 203 Angelina Legrand F SARWC 0:24:46
2 202 Milly Sharpe F QRWC 0:25:15
3 125 Hana Jugovic F ACTW 0:27:12
4 131 Ariana Pashutina F VRWC 0:28:15
5 201 Taylah Morris F QRWC 0:29:40
6 200 Katie Bray F QRWC 0:31:48
7 204 Jemilla Campbell F VRWC 0:38:12

HANDICAP

1 201 Taylah Morris F QRWC
2 200 Katie Bray F QRWC
3 204 Jemilla Campbell F VRWC

TEAMS

1 QRWC1 Milly Sharpe Taylah Morris Katie Bray

BRENNEN SHIELD – FINAL POINTS

1 NSWRC 781
2 VRWC 480
3 QRWC 236
4 ACTW 154
5 SARWC 8

- The Brennan Shield winner is determined by teams' placings in the two Federations Carnivals (Canberra in June and this year the second Federation Carnival in Melbourne). Despite the fact that Qld had no teams in Canberra this year and scored zero points we still came third overall in 2024. This shows what is possible if we are able to get a good team across a number of age groups to compete in Canberra next June.

2024 World Athletics U20 Championships

Lima, Peru August 27-31st



Friday August 30th 10,000 Metres Race Walk

9.25am (our time 25am) Men 10,000 metres Isaac Beacroft (NSW), Marcus Wakim (VIC)

10.25am (our time 1.25am) Women 10,000 metres Alexandra Griffin (WA) Chelsea Roberts (NSW)

Keep up to date with the results from Lima at

[Timetable](#) | [Lima 24](#) | [World Athletics U20 Championship](#)

NEXT WEEK

Celebrate the 2024 Road Walk season

QRWC Relay/Trophy/BBQ Day

Sunday September 8th

Dowse Lagoon, Brighton Road, Sandgate

PREPARE FOR THE DAY

Enter the Relay

Relays are \$5 per athlete. Season pass holders free (use your discount code).

[2024 Queensland Race Walking Club Relay - Old Race Walking Club - revolutioniseSPORT](#)

Register & Pay for the Lunch

[2024 Presentation Day Lunch and Awards - Old Race Walking Club - revolutioniseSPORT](#)

The cost will be: \$ 15 a single, \$ 25 for two or \$35 for a family of 3 to 5. Additional family members at the single rate.

Reminders

Bring along a plate to share for dessert

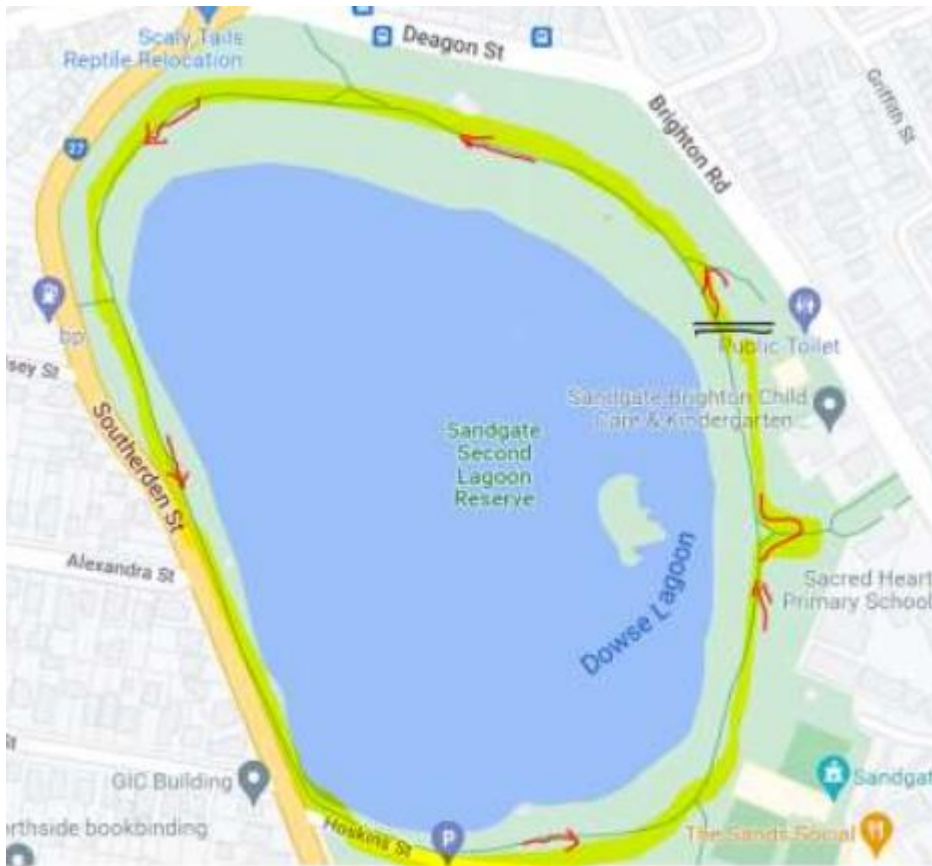
Donate a raffle prize (unwanted presents, bottles of wine etc)

9.00am 4 x 1,500 metre Relay

For the relays please be ready to compete by 9am as we need to finalise handicaps, teams and your competing order in your team. All this takes time and we want teams to be started by 9.30am.

The Relay This is a handicapped relay, so it is not really about being the fastest. Get your team together now and come up with an apt team name. You don't have to be a competitive walker to take part so this is the opportunity for all parents, coaches, judges, volunteers and other family members to have a go.

Each leg of the relay is one lap of Dowse Lagoon anti clockwise direction, plus a little detour near the end up a rise just when you are feeling the strain.



1,500 metre loop of the lagoon for each of the 4 members in a team Start line is approx. near the double black lines, red arrows for the direction of travel. There is a short out and back section near the end to make up the full distance.



Tag team – time to brush up on your changeover technique

10.00am – 12.00am BBQ & Presentations

TROPHIES All the medals from the QRWC track championships, Grade Handicap points

trophies, Club Road Walk championships trophies and the perpetual trophies will be presented.

RAFFLES For a bit of fun and to raise some money for the club we have a tradition of having a multi draw raffle at the lunch. If you would like to donate a raffle prize (check your cupboards for any unwanted Christmas gifts or “surplus” bottles of wine) we would be pleased to hear from you . Thank you so much to those who have already donated prizes and you are very welcome to bring prizes along on the day or bring them along over the last few Sundays of the season.

Raffle tickets will be \$ 2 each or 6 for \$10

LUNCH We will be having a BBQ lunch following the relays. The club will provide the BBQ fare and we are very excited to confirm that our treasured Patrons will bringing along their famous delicious chicken curry & rice. Some of us wait all season for this day! If you would like to help out in the food department, please let Noela know. All assistance in food preparation, cooking & serving will be greatly appreciated.

Light Beer \$3 & soft drinks \$2 will be in sale. Tea and coffee are complimentary. Please bring along your deck chairs or a picnic rug. Don’t forget your sunglasses, a hat and sunscreen.

DESSERT Please Bring A Plate to share.

The highlight of the day is not the relays, the trophy presentations or the BBQ lunch. What everybody really waits for all those “no calorie“ desserts A fruit platter is always welcome.



FLASHBACK Sweet memories of 2023. Thank you, Trish.

CRITERIA FOR QRWC PERPETUAL TROPHIES

Male Age Distance First Presented Criteria
David Smith Shield Open 20km 2007 20km stated as Dave Smith race
Open Men’s 15km Open 15km 1978 Stated as 15km Championship
Open Men’s Cup Open 10km 1978 Club 10km Championship
U14 Boys 12,13yrs 2km 2019 Club Championships
U12 Boys 10,11 1.5km 2019 Club Championships
U10 Boys not yet 10yrs .75km 2019 Club Championships
Female

Open Women 15km Shield

Open 15km 2019 Stated as 15km Championship

Open Women 10km Open 10km 2019 Club Championships

Under 20 Women 18,19 8km 2019 Club Championships

U16 Girls 14,15 4km 2019 Club Championships

U14 Girls 12,13 2km 2016 Club Championships

Under 12 Girls 10,11 1.5km 1979 Club Championships

Under 18 Men's 10km Any male club athlete who is not yet 18 at the time of achieving the best 10km time of the season. Not restricted to the "U18 Group" First presented in 2019

Under 16 Boys 5km Any male club athlete who is not yet 16 at the time of achieving the best 5km time of the season. Not restricted to the "U16 Group" First presented 2014

Under 18 Girls 5km Any female club athlete who is not yet 18 at the time of achieving the best 5km time of the season. Not restricted to the "U18 Group" First presented in 1982

Under 10 Girls Any girl who is not yet 10 and has been friendly and helpful in the Club. First presented in 1991. If no suitable candidate – not presented.

Bill Cook Trophy for Team winning the Fun Relay. First presented 1981

Most Outstanding Member. This is our most prestigious trophy and is not restricted to athletes. No member can hold it for consecutive years, but may be judged by the Committee for further years that are not consecutive. If no suitable candidate for the year, it will not be presented. First presented in 2016.

QRWC HANDICAP TROPHIES

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season. Starting points are awarded for starting the event. Completed points are awarded for finishing the race distance. The Best Season Performance. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

To be eligible for Handicap Trophies a member must participate in a minimum of 50% of designated Handicap Races during the season.

Handicap points are awarded to the top 7 place-getters within the sealed or non-sealed handicaps as per the above table. The member placed 1st, based on the handicap results, receives the highest points while the member placed 7th, based on the handicap results, receives the least points, thus a member winning the handicap for the A grade men could be awarded a maximum of 115 points. **To maximise your points for the season it is recommended that an athlete stays in the same grade for the season.**

QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors **MUST** wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification. This applies to the 2nd RWA Federation Carnival in Melbourne on August 25th.

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Track Season 2024/25

Queensland Athletics Oct 31st – Nov 3rd QA All Schools QSAC

November 13th Wednesday UQ Classic 1,500 metres
November 23rd QA Shield QSAC 3,000/5,000 metres
January 18th QA Shield QSAC 3,000/5,000 metres
February 1st QA Shield QSAC 3,000/5,000 metres
February 22nd QA Shield QSAC 3,000
QA 10,000 metres Championships
March 13-16th QA Championships QSAC

Queensland Masters Athletics 2024

21st September 2024 Saturday SAF

8.00 3000m Run / Race Walk
10.00 1500m Run / Race Walk

28th September 2024 Saturday SAF

8.00 5000m Run / Race Walk
9.35 800m Run / Race Walk

19th October 2024 Saturday SAF

8.00 3000m Run/Walk
9.40 1500m Run/Walk
8th -10th November 2024 SAF

PanPac Masters Athletics

14th/15th December 2024, Venue SAF

QMA Decathlon/Heptathlon Championships & other events

14th December 2024 Saturday

9.00 1500m run/walk

15th December 2024 Sunday, SAF

8.15 3000m Run/Walk
9.30 800m Run/Walk

21st December 2024 Saturday SAF

8.00 3000m Run / Race Walk
10.00 1 Mile Run / Race Walk
10.50 End of Year Social Morning Tea

Draft QMA dates for 2025

January

11th Saturday morning QSAC Main Track
18th Saturday morning SAF QMA Women's Throws Pentathlon
25th Saturday morning SAF QMA Men's Throws Pentathlon

February

1st – Saturday morning SAF QMA Pentathlon and 3000m run/walk
15th Saturday morning SAF Memorial Day Events
22nd Saturday morning SAF AMA Decathlon and Heptathlon Day 1
23rd Sunday morning QSAC main track AMA Decathlon and Heptathlon Day 2

March

1st – Saturday morning QSAC Main Track
8th – Saturday morning SAF
19th - Wednesday night SAF
23rd to 30th WMA Indoors Championships
29th – Saturday morning SAF

April

5th Saturday SAF QMA State Championships Day 1
6th Sunday SAF QMA State Championships Day 2
12th Saturday morning SAF
AMA Championships in Adelaide 18th to 21st April



ENTRIES NOW OPEN



[Enter | Pan Pacific Masters Games](#)

Draft Track Walk Programme

Friday 8 November, 2024

M30+/W30+ 5000m Race Walk Final

Saturday 9 November, 2024

M30+/W30+ 3000 Metre Race Walk Finals

Confirmed Road Walk Programme

Sunday 10 November 7:00am start

Luke Harrop Cycle Circuit

- The competition circuit will be a 1km loop.
- All participants will start together.
- A First Aid officer will be present. There will be a water station on the circuit.
- Uniforms are not compulsory.
- Age category placegetter medals will be presented at the venue at the conclusion of the competition.
- Parking and toilet facilities are located adjacent to the competition circuit

Age is determined as at race day / Minimum age for competition is 30 years

Age Divisions 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

Important Update – New Track Venue Announced

Unfortunately the originally confirmed venue - **Gold Coast Performance Centre at Runaway Bay** - is no longer available for use during the Pan Pacific Masters Games

Due to the lack of suitable infrastructure, quality or safety of the alternative venues located in the Gold Athletics – Track & Field events will now be conducted at the

Queensland Sport and Athletics Centre (QSAC) Mount Gravatt

Transport – if you have booked your accommodation on the Gold Coast, a bus will be arranged to take paid participants to and from the QSAC venue daily. The bus will pick up and drop off in a central location on the Gold Coast – further details TBA.

The road walks will still take place at Runaway Bay

2024 Australian All Schools Athletics Championships Brisbane December 6-8th

All Schools Dates: Friday 6th - Sunday 8th December 2024

National Schools Challenge Date: Monday 9th December 2024

Venue: QSAC - Queensland Sport and Athletics Centre

Level 3 Race Walking-specific accreditation course

The QRWC is in discussions with AA about the possibility of the club hosting a Level 3 Race Walking-specific accreditation course this year. AA is working with the course presenters on suitable dates

Not only will this initiative upskill the next generation of race walking coaches it will also be an opportunity for current coaches to advance their qualifications and skills.

To be eligible to undertake the Level 3 course applications will need to hold a Level 2 certification so now is the time to make sure you qualify by doing a Level 1 and Level 2 coaching course if required. Please note that the QRWC can re-imburse your coaching course fees, if required, though our current volunteer education grant.

QRWC Uniforms

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Racewalking Queensland Management Committee 2024/25

President: P Bennett

Vice President. J-R McRoberts

Secretary: N. McKinven

Treasurer N McKinven

Committee: Shane Pearson, Joanne McRoberts, Claire Chadwick, Jasmine Blackburn, Ignacio Jimenez, Simon Dunleavy

Patrons: Patrick & Maxine Sela

Registrar: S Dale

Handicapper A Guevara / N McKinven

Uniforms: S Dale

Publicity / Media Jasmine Blackburn

Results R Wales / N McKinven

Newsletter Editor: P. Bennett

Equipment Officer. Ignacio Jimenez & Noela McKinven

Canteen Convenor. Vacant, but to be by roster.

Club Captains: Bailey Housden, Phoebe Chadwick

Queensland Athletics Memberships Fees 2024/25

commencing October 1st

MEMBERSHIP OPTIONS 2024-2025

Season Period: 01 OCTOBER 2024 – 30 SEPTEMBER 2025



	Platinum \$250.00 + club fee [^]	Gold \$150.00 + club fee [^]	Base & Qrun \$12.00 + club fee [^]	School Student \$0 <small>(only valid for QA All Schools pre meet & QA All Schools Champs)</small>
Entry into all QA Shield Meets	FREE	\$18	\$32	N/A
Entry into all QA Championships*	\$10 per individual event	\$22 per individual event	\$32 per individual event	N/A
Entry into QA All Schools Champs	\$10 per individual event	\$22 per individual event	\$32 per individual event	\$32 per individual event
Eligible to represent Qld at 2025 Athletics Australia Championships	YES	YES	NO	NO

QRWC MEMBERSHIP 2024/25

NOTE: The Committee has set the QRWC annual membership fee for 2024/25 from October 1st to \$ 25 for all athletes. There will no longer be separate rates for students and non-students.

NON-COMPETING MEMBERS

VOLUNTEER	COMMITTEE MEMBER	OFFICIAL	COACH
Club volunteers are always welcome to assist with club operations and competition days	Club committee members are required to be registered members of their club	Officials accredited with Athletics Australia	Coaches may join an athletics club if they are accredited and currently registered with Athletics Australia

Working with Children Check – Blue Card

Volunteers, committee members, technical officials and coaches are required to have a Blue Card as deemed necessary by their club in accordance with the Queensland Blue Card system. Please refer to your club or www.bluecard.qld.gov.au for more information.

\$0 + CLUB FEE	\$0 + CLUB FEE	\$0 + CLUB FEE	\$0 + CLUB FEE
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NOTE – Additional club membership fees may apply, which varies for each club.

Our Volunteers – We need you to

For all our road walk and track meets we need the help of our members to set up and run the meets in a safe and organised manner. Please feel free to offer your services whether it be as a judge, timekeeper, setting out the course or helping to pack up. All assistance is greatly appreciated. We especially need lap scorers. If you would like to help out, please talk to any member of the Committee.

Everyone who helps out to run our events are volunteers who freely give up their time so that our athletes can race. Please treat them with respect and appreciation at all times and offer to assist them whenever possible. Without judges, timekeepers and lapscorers we don't have a race walk competition we just have a walk and no matter how fast you go your result will not be official or accepted for qualifying purposes. Judges are there to ensure no one gets an unfair advantage and to assist the athletes. If you get a caution or a report, use it as a learning experience. Find out what you have done wrong from the judge and talk to your coach to see if you need to correct your technique. If you do nothing and just blame the judges, then you will never learn or get ahead in the sport.

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Canteen Convenor. Vacant, but to be by roster.

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Queensland Athletics Member Protection Policy

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

You can read the full policy here

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

All our members, whether an athlete, coach, volunteer official or a parent should be aware of their obligations and responsibilities under these policies.

Who this Policy Applies To

This policy applies to the following, whether they are in a paid or unpaid/voluntary capacity:

- Parents, guardians, spectators and sponsors to the full extent that is possible.
- Individuals appointed or elected to boards, commissions, committees and sub-committees;

- Employees and volunteers; • Support personnel (e.g. managers, physiotherapists, psychologists, masseurs, sport trainers, etc);
- Coaches and assistant coaches (whether or not they are accredited)
- Athletes, coaches, officials and any other personnel participating in any teams, events and activities, including camps and training sessions, conducted or sanctioned by Queensland Athletics • Referees, judges and other officials.
- Members, including life members.
- Member associations and each of its members, including life members.
- Affiliated clubs and associated bodies of Queensland Athletics;
- Peak associations and other State bodies engaged in any form of athletics.
- Any other person or body that is a member of or affiliated to Queensland Athletics.

Code Of Conduct/Behaviour Queensland

Athletics requires every individual and body bound by this policy to: QA Member Protection Policy – July 2015

- 4.1 Be ethical, fair and honest in all their dealings with other people and Queensland Athletics;
- 4.2 Treat all persons with respect and courtesy and have proper regard for their dignity, rights and obligations;
- 4.3 Always place the safety and welfare of children above other considerations;
- 4.4 Comply with Queensland Athletics', Athletics Australia's, the IAAF's, the National and International Olympic and Paralympic Committees' constitution, rules and policies including this Policy;
- 4.5 Operate within the rules and spirit of the sport;
- 4.6 Comply with all relevant Australian laws (federal and State), particularly anti-discrimination and child protection laws;
- 4.7 Be responsible and accountable for their conduct; and
- 4.8 Abide by the relevant specific Codes of Conduct referred to in Part B of this Policy.

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4
 Robyn Wales Walks Level 3
 Shane Pearson Walks Level 3
 Steve Langley Walks Level 3 Performance coach
 Jasmine-Rose McRoberts Level 2 Club coach
 Argenis Guevara Level 1
 Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club
racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

About us

Racewalking Queensland conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>



**Community
Grants Hub**
Improving your grant experience



Department of
Tourism and Sport

The Queensland Government provided \$2,500 to the Queensland Race Walking Club to assist training and education volunteers to enable Queenslanders to participate in sport and recreation activities.'